

# First Link® Memory Café at Mosaic



Share your stories and socialize with others.

**When:** Last Tuesday of each month starting Sept. 24<sup>th</sup> to November 26<sup>th</sup>, 2013

**Time:** 1:00 p.m. to 2:30 p.m.

**Where:** Mosaic Home Care Services & Community Resource Centre  
**Located in:** The Shops on Steeles and 404 (Shopping Mall)  
2900 Steeles Avenue East, Suite 218, Thornhill, ON L3T 4X1

**Who:** Are you interested in memory related issues? Individuals who have been diagnosed with Early Alzheimer's disease and/or related dementias, their Care Partners as well as those who worry about memory problems

**What:** Socialization & Information Networking for Care Partners

**Why:** Being active physically, socially, and mentally is good for the brain

**To register:** Please phone 905.597.7000 (ext.223) – No charge for event.

