



MOSAIC

Home Care Services & Community Resource Centre

Fall 2015 **Newsletter**



Featured Events

MARKHAM OFFICE (*The Shops on Steeles*)

**Friday September 11th, October 9th, November 13th
and December 11th, 2015**

Mosaic's Game Time

Thursday October 29th, 2015

Planning Ahead Organizing a Well-Planned Estate

Thursday October 29th, 2015

*Join us at our new Community Resource Centre for our
5th Year Anniversary Celebration*

Thursday November 26th, 2015

Mosaic Relaxation & Yoga Workshop

Thursday December 3rd, 2015

Silver Stage Glee Club for Mature Adults Workshop

Thursday December 10th, 2015

Holiday Festive Tea at Mosaic

TORONTO OFFICE (*CNIB Centre*)

Friday October 30th, 2015

Planning Ahead: Organizing a Well-Planned Estate

Thursday November 19th, 2015

"Are You In Need of a Good Night's Sleep?"

Friday December 4th, 2015

Understanding Your Hearing and Holiday Festive Tea

MOSAIC SPRING EDUCATION SERIES

Thursday October 1st, 2015 (*Verity Club*)

Caring for our Parents, Today and Tomorrow

Thursday October 8th, 2015 (*Ladies' Golf Club of Toronto*)

Caring for our Parents, Today and Tomorrow

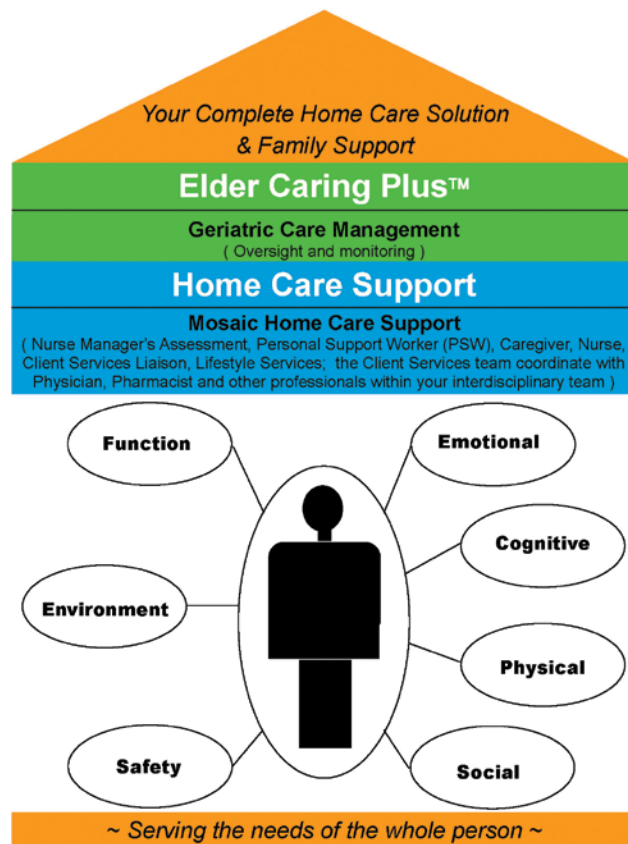
Elder Caring Plus™

Professional Geriatric Care Management Oversight Service

Finally, an integrated approach to caregiving providing you with peace of mind!

There are times when the needs of our members and their families extend beyond the realm of primary home care services. When caring for aging parents with existing and emerging complex needs, knowing what to look for and when to bring in help can be of utmost importance. To address these needs we provide a geriatric care management option via our Elder Caring Plus™ service. The service is provided by qualified Geriatric Care Managers with our joint venture with Elder Caring Inc.

The Elder Caring Plus™ oversight service monitors clients with complex care needs and meets with them on a regular basis to assess their circumstances. We can respond to issues before they become a crisis, seamlessly integrate with the flow of information from the caregivers, families and client services team, and we are able to assess when to bring in and recommend other services.



Mosaic Home Care & Community Resource Centres

Markham Office

2900 Steeles Avenue East | Suite 218
Markham, ON | L3T 4X1

Tel.905.597.7000

www.mosaichomecare.com

info@mosaichomecare.com

Toronto Office (CNIB Centre)

1929 Bayview Avenue | Suite 215H
Toronto, ON | M4G 3E8

Tel.416.322.7002

Elder Caring Inc.

Serving the Greater
Toronto Area (GTA)

Tel.416.658.8887

www.eldercaring.ca

info@eldercaring.ca

Mosaic's Newest Employee



Catherine Evelyn RN
Community Nurse

“On my first day at Mosaic Home Care I was welcomed with smiles and open arms. I immediately knew this was where I wanted to be.

Compassion has always been a key component during my 20 year career as a Registered Nurse. This new family at Mosaic houses a team of caring, compassionate, knowledgeable and client centered individuals.”

“I have been blessed with a well-rounded career in Medicine, Wound care, Surgical pre and post op, Mental Health and Addictions, Diabetic teaching, Palliative Care and many more areas associated with Nursing.

I hope to bring to the Mosaic Team presentations both in house and in the community regarding issues that affect our Members in dealing with and understanding the daily complex needs of caring for our loved ones at home. How we can manage living our best life at home without feeling isolated and forgotten. I will also be training staff in areas that they may need help in or for a wider knowledge base on providing the safest and optimal care to our Members.

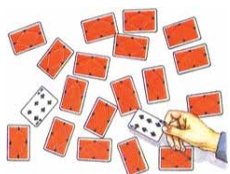
Mosaic represents the Respect and Compassion that I work and live by every day. I am fortunate to be a part of this wonderful family and look forward to sharing my knowledge and expertise.”



Mosaic's

Join Mosaic for an afternoon of games, friends and fun! Play board games, Nintendo Wii, card games, or other brain activities during Mosaic's "Game Time!".

"Game Time!" will run on the 2nd Friday of the month in the afternoon at Mosaic's Resource Centre, on the lower level by centre court. Playing games provides benefits which include brain health, meeting new people in the community, and a chance to socialize!



Where: Mosaic Home Care & Community Resource Centre (Markham office)

Dates: Friday, September 11th, October 9th, November 13th, December 11th, 2015

Address: 2900 Steeles Avenue East, Markham (Lower Mall, Centre Court)

Time: 1:30 p.m. to 4:30 p.m.

*No Charge for event. Close to public transit.
Free parking and elevator access available.*



A Message from

Jane and Nathalie...

As the summer of 2015 blends into fall, Mosaic has been busy planning events and service upgrades for the upcoming season! Over the year Mosaic has accomplished much with many new programs and ideas launched and others soon to be released:

Our **Elder Caring Plus™**, a light geriatric care management oversight program, is gaining recognition amongst health care professionals in the GTA; our lifestyle program with the **"Meaning of Me®"** at its core is getting into more and more homes and joining hands with our new **Lifestyle Companions® program**. We have also been developing a specialized team for dementia care including sending our caregivers through the Alzheimer's Society's Dementia Care Training Program (DCTP); which includes the U-First™ program.

Health and safety training continues on a monthly basis for all employees. Caregivers who completed their monthly Health & Safety tests were entered into a draw for an evening out to Cinespace Film Studios, an evening out that included a chauffeur driven limo, a tour of the sets of Reign and the Good Witch and a meal at Mr. Greek! Six lucky caregivers were drawn as raffle winners.

Mosaic Caregiver Maria Ana: "I had so much fun last Friday! And especially being one of the members of that group and being part of the Mosaic front-line. Thank you so much for that opportunity. To all the staff of Mosaic, thank you so much and more power to our good office! To Nathalie and Jane, May God bless you always."

Mosaic is about to enter its 6th year of business and community outreach. We have successfully grown from one office and one community resource centre to two of each and have plans to take our person centred, community

focused brand of home care to more and more Canadians.

We would not be here but for the dedication of our caregivers, our members, services support staff, including our rotational on-call, our media and marketing department and our community partners. We would also like to welcome two new team members, Kimberly Davies who recently took up a new role as Managing Director and Catherine Evelyn, a multi-skilled experienced RN.

We would also like to congratulate Martha Miller, the longest serving member of our staff who in the last year took responsibility for our lifestyle services programs. Martha will soon be celebrating 5 years!

As a reminder to our families, members, caregivers, community, staff and community agencies: **Mosaic will be hosting the opening of our new Community Resource Centre** on the concourse level at The Shops on Steeles & 404. **We will also be celebrating our 5th Year Anniversary!** This will be held on **Thursday October 29th** from **4 p.m. to 7 p.m. to register please contact 416.322.7005 or 905.597.7000.**

Finally, we are happy to announce that Mosaic is about to embark on a partnership with Shepherd Village Inc. a large Retirement Community in Scarborough, to provide additional home care support to their residents (www.shepherdvillage.org). Stay tuned for more information.

Hope to see you soon at our many community events we host year round at our Toronto office at the CNIB, 1929 Bayview Avenue and our Markham office at The Shops on Steeles, 2900 Steeles Avenue East.

Jane Teasdale and Nathalie Anderson

Principal Directors of Mosaic Home Care Services & Community Resource Centres

Lifestyle & Companionship Service Program

Mosaic is proud to extend its Lifestyle Service program to include its new Companionship service. This will build on our "Meaning of Me®" program which serves as both a conversation and a journey of exploration that places the individual front and centre of our care based service relationships. From understanding the values, relationships, history and continuing hobbies and interests of our members our Lifestyle Companions® will develop themes explored by the "Meaning of Me®" by organizing day outings, movies, events and other programs that may include attending one of the many events and activities run through the Mosaic Resource Centres.

For more information about our exciting service developments please call our offices and speak to our client services department at 416.322.7005 or 905.597.7000. You may also wish to review our Lifestyle and Socialization section on our website at <http://www.mosaiccare.com/our-services/meaning-of-me/>

Mosaic Home Care Services takes pride in standing out in the industry. We are dedicated to serving and getting to know our members and to building relationships. We do this through our scheduled home assessment visits, phone conversations, emails and drop in home visits.

Mosaic's Newest Employee

Mosaic welcomes Kimberly Davies to the team!



Kimberly Davies

Managing Director

Jane Teasdale and Nathalie Anderson, Directors and principal owners of Mosaic Home Care Services & Community Resource Centres, are extremely happy to introduce you to Kimberly Davies who is to take on the newly created position of Managing Director.

Mosaic's brand of person centred, community focused home care has seen strong appeal across the GTA and York Region over the last 5 years. Last year we opened our second office and community resource centre in the midtown area (in the CNIB building) and we are now preparing for a third community presence.

In line with the successful growth of the company and its services we have been looking to add expertise and experience to the Mosaic management team to aid in our transition towards an established provider of high quality integrated home care services. This is where Kimberly fits in:

Here is Kimberly's message to Mosaic staff and caregivers, members and family and the wider community which Mosaic serves:

"Destiny: after 8.5 years working with a leading retirement company and close to a lifetime of customer service and marketing in the hotel business, I am very happy to finally become a member of the Mosaic Team!"

I have known Jane and Nathalie for over 8 years and we have worked together on many special projects and at numerous outreach events together. I've always admired their determination to help improve the lives of others. Joining Mosaic is a natural fit for me given our shared values: our wish to improve the lives of the families we serve; our passion for helping seniors especially; our compassion and our respect for all in the wider community.

Mosaic is well known for its expertise, as well as organised and managed oversight of its home care services. Its client services team is recognised for the delivery of exceptional service that exceeds the expectations of the families they serve."

Planning Ahead: Organizing a Well-Planned Estate

Pat Irwin of ElderCare Canada and Simon Au-Yeung of Mount Pleasant Group of Cemeteries will share with us their wealth of experience on how to organize a well-planned estate.



The following topics will be discussed by Simon Au-Yeung:

- Planning your FINAL arrangements (celebrate a life lived)
- Why Pre-Plan and the benefits
- Talking to loved ones about Pre-Planning
- Commemorative Options

The following topics to be discussed by Pat Irwin:

- Power of Attorney for Property
- Power of Attorney for Care
- Wills, Estate Planning for tax purposes
- Probate
- Implication of not having a Will



Mount Pleasant Group
of Cemeteries



Where: Mosaic Home Care & Community Resource Centre (Toronto office)

Date: Friday October 30th, 2015

Address: CNIB Centre, 1929 Bayview Avenue, Suite 215H, Toronto

Time: 1:30 p.m. to 3:00 p.m.

~ RSVP 416.322.7002 by Thursday October 22nd, 2015 ~

No charge for event. Refreshments provided.

Close to public transit. Parking on main level with elevator access.

Parking is \$1 for the 1st hour, \$2 for the 2nd, \$4.50 for the 3rd and \$7.00 for the 4th. Max. is 4 hours.

Where: Mosaic Home Care & Community Resource Centre (Markham office)

Date: Thursday October 29th, 2015

Address: 2900 Steeles Avenue East, Markham (Lower Mall, Centre Court)

Time: 1:30 p.m. to 3:00 p.m.

~ RSVP 905.597.7000 by Friday October 23rd, 2015 ~

No charge for event. Resource Centre by Centre Court. Refreshments provided.

Close to public transit. Free parking and elevator access available.

First Link[®] Memory Café at Mosaic



Share your stories and socialize with others.

When: Last Tuesday of every month on **Sept. 29th, Oct. 27th & Nov. 24th, 2015**
(Will resume again on Tuesday, January 26th, 2016)

Time: **1:00 p.m. to 2:30 p.m.**

Where: Mosaic Home Care Services & Community Resource Centre,

Located in: The Shops on Steeles and 404 (Shopping Mall),
2900 Steeles Avenue East, Suite 218, Markham, ON L3T 4X1

Who: Are you interested in memory related issues? Individuals who have been diagnosed with Early Alzheimer's disease and/or related dementias, their Care Partners as well as those who worry about memory problems

What: Socialization & Information Networking for Care Partners

Why: Being active physically, socially, and mentally is good for the brain

To register: Please phone **905.597.7000 (ext. 223)** – No charge for event.





We invite you to join us for...

Caring for our Parents, Today and Tomorrow

**A Conversation with
Leading Canadian Expert in Geriatric Care,
Audrey Miller MSW, RSW, CCLCP**

Thursday October 1st, 2015
6:30 pm - 8:30 pm
Light Supper included

In the Library at the Verity Club*
111d Queen Street East, Toronto

Planning for the care and comfort of loved ones (or ourselves) in later years can be a worry.

Most of us need help to make informed, practical decisions on living arrangements. Many of us would welcome advice on navigating what can be difficult emotional terrain for seniors and care partners.

In this informal evening, you'll have the rare opportunity to learn from a top geriatric care professional, to chat, and ask questions (privately if you choose) about:

- Options, services, and resources for elder care and support
- How to start the conversation and why it's important to start early
- Insight and perspective on choices and transitions.

Audrey Miller has been helping individuals and families navigate the healthcare and homecare systems for over 25 years. A Registered Social Worker, Canadian Certified Life Care Planner, and Managing Director of Elder Caring Inc, she combines solid professional knowledge with warmth and sensitivity to help people prepare for the future with confidence. www.eldercaring.ca

**FOR TICKETS: The evening is complimentary.
Please RSVP by September 17th.
Space is limited.**

**Phone: 905.597.7000 or 416.322.7002
E-Mail: jane@mosaichomecare.com**

***VERITY is on Queen just east of Church St.**

in an exquisitely restored 19th century chocolate factory. Guests, including men are always welcome at the Club.

Parking: in the public lot across the street.

TTC: Queen subway stop is a 5-minute walk.

Cancellation Policy: If you have registered for an event but find that you are unable to attend, we ask that you provide a **minimum of 48-hours notice**. This is a courtesy to us as well as to the long waiting list of people that had hoped to attend. Mosaic sponsors monthly events; mostly at no charge to our community and we would like to continue to be able to do so. Thank you.

Caring for our Parents is part of the Mosaic Fall Education Series

Conversations on Caring for Loved Ones and Ourselves as We Age

www.mosaichomecare.com

Feeling overwhelmed with caregiving? Not sure where to begin or what all your options are?



Come and have a coffee and meet with our Geriatric Care Manager from Elder Caring Inc. Take charge and learn about your options and resources to ensure your loved one is living as well as they can.

During our 75 minute consultation you will have an opportunity to:

- Tell your story
- Gain Perspective
- Become better informed
- Learn about options and resources
- Have questions answered



Elder Caring Inc.
Serving the Greater Toronto Area (GTA)
Tel. 416.658.8887
www.eldercaring.ca
info@eldercaring.ca

 **Elder Caring Inc.**
Your Partner In Healthy Aging

Where: Mosaic Home Care & Community Resource Centre (Toronto office)

Dates: September 24th, October 29th, November 26th, 2015

Address: CNIB Centre, 1929 Bayview Avenue, Suite 215H, Toronto

Time: 9:30 a.m. to 12:30 p.m.

\$150 plus HST at Mosaic Home Care & Community Resource Room at our CNIB Location 9:30 a.m. to 12:30 p.m. held the last Thursday morning of every month. Appointments must be booked and paid in advance. 24 hour cancellation is required by contacting Elder Caring Inc. or Mosaic Home Care.

Payments by cash, Visa, Cheque or eTransfer are welcome.

Close to public transit. Parking on main level with elevator access.

Parking is \$1 for the 1st hour, \$2 for the 2nd, \$4.50 for the 3rd and \$7.00 for the 4th. Max. is 4 hours.



We invite you to join us for...

Caring for our Parents, Today and Tomorrow

**A Conversation with
Leading Canadian Expert in Geriatric Care,
Audrey Miller MSW, RSW, CCLCP**

**Thursday October 8th, 2015
6:30 pm - 8:30 pm
Light Supper included**

**At the Ladies' Golf Club of Toronto*
7859 Yonge Street
Thornhill**

Planning for the care and comfort of loved ones (or ourselves) in later years can be a worry. Most of us need help to make informed, practical decisions on living arrangements. Many of us would welcome advice on navigating what can be difficult emotional terrain for seniors and care partners.

In this informal evening, you'll have the rare opportunity to learn from a top geriatric care professional, to chat, and ask questions (privately if you choose) about:

- Options, services, and resources for elder care and support
- How to start the conversation and why it's important to start early
- Insight and perspective on choices and transitions.

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**FOR TICKETS: The evening is complimentary.
Please RSVP by October 1st
Space is limited.**

**Phone: 905.597.7000 or 416.322.7002
E-Mail: jane@mosaichomecare.com**

***Ladies' Golf Club of Toronto**

is North America's only remaining private golf club established by women for women. The Club was founded in 1924 by Ada Mackenzie.

Parking: Free parking at the Ladies' Golf Club of Toronto.

Cancellation Policy: If you have registered for an event but find that you are unable to attend, we ask that you provide a **minimum of 48-hours notice**. This is a courtesy to us as well as to the long waiting list of people that had hoped to attend. Mosaic sponsors monthly events; mostly at no charge to our community and we would like to continue to be able to do so. Thank you.

Caring for our Parents is the first event in the Mosaic Fall Education Series at the Ladies' Golf Club of Toronto

Conversations on Caring for Loved Ones and Ourselves as We Age

www.mosaichomecare.com

Join us at our new Community Resource Centre for our

5th Year ANNIVERSARY CELEBRATION



As we move into a 6th year of business in our GTA and York Region communities the Mosaic Home Care Services & Community Resource Centre Team is proud to present an evening of fun and celebration! The "5th Year ANNIVERSARY CELEBRATION" will be held in our newly opened resource centre location near the Centre Court at The Shops on Steeles & 404. Our Corporate office is still located upstairs in the mall.



- Come and be entertained by sounds of jazz with Brian Katz a well-known Jazz Musician in Toronto.
- Tour our wonderful new space, find out about our services and the wonderful events we host each month in our resource centres; and, of course meet the Mosaic Team!
- Enjoy some appetizers, refreshments and relaxation!
- Short speech, introductions and Ribbon Cutting ceremony by Principal Owners, **Jane Teasdale** and **Nathalie Anderson** will be held at 5:00 p.m.!
- Come find out about our upcoming projects, events and newest developments...we are sure you will be as excited as we are!



Where: Mosaic Home Care & Community Resource Centre (Markham office)

Date: Thursday October 29th, 2015

Address: 2900 Steeles Avenue East, Markham

Time: 4:00 p.m. to 7:00 p.m.

Where: Our new Community Resource Centre located near The Centre Court at The Shops on Steeles & 404.

~ Please confirm your attendance by Thursday October 22nd, 2015 ~

Close to public transit. Free parking and elevator access available.



metamorphosis
The Toronto Psychosomatic Clinic

“ARE YOU IN NEED OF A GOOD NIGHT’S SLEEP?”

Mosaic Home Care is very happy to present Beth Koren, OT Reg. (Ont). from Metamorphosis speaking on sleep changes as we age!
Beth will discuss the following topics in her presentation:

- Concentration
- Memory
- Repairing Cell Damage
- Refreshing the Immune System
- Helping to prevent Illness and Disease



Where: Mosaic Home Care & Community Resource Centre (Toronto office)

Date: Thursday November 19th, 2015

Address: CNIB Centre, 1929 Bayview Avenue, Suite 215H, Toronto

Time: 1:30 p.m. to 3:00 p.m.

~ RSVP 416.322.7002 by Saturday November 14th, 2015 ~

No charge for event. Refreshments provided.

Close to public transit. Parking on main level with elevator access.

Parking is \$1 for the 1st hour, \$2 for the 2nd, \$4.50 for the 3rd and \$7.00 for the 4th. Max. is 4 hours.



Your choice.



MEMORY & COMPANY
ALZHEIMER'S HEALTH CLUB

Preserving your lifestyle.

Preserve your lifestyle at Memory & Company, the Spa and Private Social Club that just so happens to be a Day Program for people with Alzheimer's and related dementias.

Caregivers now have a guilt-free way of returning to work, finding balance in their life, or simply taking a break while their loved ones spend the day in an upscale environment that *anyone* would enjoy.

Memory & Company is the first in the world to provide care this way, and has been internationally viewed as the way dementia care should be. This option is now available in the GTA (near highways 404 & 7).

Membership is limited. Call now for details. Ask about our free, full-day trial, exclusive for Mosaic clients.

memoryandcompany.com | 905.888.8808

Mosaic Relaxation & Yoga Workshop

Join Mosaic and Kelly James of Delmanor Northtown Retirement Residence and Priya Yoga & Pilates Studio for a chance to relax and meditate while listening to calming music! Japanese appetizers and refreshments will be served.



DELMANOR

Inspired Retirement Living

Enjoy Ranjith as he hosts a Thai yoga message presentation and demonstration by Priya Yoga Studio. This workshop is an introduction to Chair yoga and relaxation and meditation techniques. Come and learn about the benefits of yoga and Thai massage, and how this 500 year old ancient practice can help you age gracefully. This is a get-involved session, please wear comfortable clothing!



Where: Mosaic Home Care & Community Resource Centre (Markham office)

Date: Thursday November 26th, 2015

Address: 2900 Steeles Avenue East, Markham (Lower Mall Centre Court)

Time: 1:30 p.m. to 3:00 p.m.

~ RSVP 905.597.7000 by Friday November 20th, 2015 ~

No charge for event. Close to public transit.

Free parking and elevator access available.

Silver Stage Glee Club

For Mature Adults



Silver Source

Enriching the Lives of Mature Adults.

Want to learn how to sing and dance? Mosaic Home Care and Silver Source are hosting a **Silver Stage Glee Club for Mature Adults**, a **free one day workshop** followed by a **paid 3 week workshop starting in January**, hosted by Silver Source's very own **Heather Bibas**! Heather will teach you dancing and singing techniques over the 3 weeks. The program will cost **\$50 per person** and will run for **3 weeks**, cheque, payable to **Heather Bibas**.



Where: Mosaic Home Care & Community Resource Centre (Markham office)

Free 1-Day Workshop: Thursday December 3rd, 2015

Time: 1:00 p.m. to 2:30 p.m. Cost: No charge for event

3 Week Paid Workshop: Tuesdays January 19th, 26th & February 2nd, 2016

Time: 10:30 a.m. to 12 noon Cost: \$50 per person

Address: 2900 Steeles Avenue East, Markham (Lower Mall, Centre Court)

~ RSVP 905.597.7000 to register for these programs. ~

Close to public transit. Free parking and elevator access available.



Join Mosaic and the Canadian Hearing Society for an afternoon of festive tea and treats and a lecture on hearing. A great opportunity to enjoy the holiday season and learn about how to take good care of your hearing! Featuring Rex Banks, M.A.CCC-A, Reg. CASLPO, Director, Hearing

Rex will talk about:

- Signs of hearing loss
- What to expect when getting a hearing test
- What you need to know when getting a hearing



Where: Mosaic Home Care & Community Resource Centre (Toronto office)

Date: Friday December 4th, 2015

Address: CNIB Centre, 1929 Bayview Avenue, Suite 215H, Toronto

Time: 1:30 p.m. to 3:00 p.m.

~ RSVP 416.322.7002 by Thursday November 26th, 2015 ~

No charge for event. Refreshments provided.

Close to public transit. Parking on main level with elevator access.

Parking is \$1 for the 1st hour, \$2 for the 2nd, \$4.50 for the 3rd and \$7.00 for the 4th. Max. is 4 hours.

You are cordially invited to:

Holiday Festive Tea at Mosaic



Come and meet with new friends or old at Mosaic Home Care's yearly Holiday Festive Tea at Mosaic's Community Resource Centre. Located on the lower level of the mall, join us for an afternoon celebrating the festivities of the season and holiday cheer! Refreshments will be provided.

Where: Mosaic Home Care & Community Resource Centre (Markham office)

Date: Thursday December 10th, 2015

Address: 2900 Steeles Avenue East, Markham (Lower Mall, Centre Court)

Time: 1:30 p.m. to 3:00 p.m.

~ RSVP 905.597.7000 by Friday December 4th, 2015 ~

No charge for event. Close to public transit.

Free parking and elevator access available.




What a difference we make®!

Our Services

Mosaic Home Care & Community Resource Centres provide service to people of all ages and needs in the Greater Toronto Area.

We provide care by the hour, overnight, 24hr as well as live-in care. We also provide services in hospitals, retirement residences and long-term care facilities.


Customized Care Solutions in York Region and Toronto at the CNIB Centre


 <h3 style="margin-top: 0;">NURSING</h3> <ul style="list-style-type: none"> Medication management Pain and symptom management Monitoring, charting and adjusting care plan Specialised care (palliative, cancer, dementia, Parkinson's, MS and more, please inquire) Foot care (clinic at both locations or in-home service) 	 <h3 style="margin-top: 0;">HOME CARE</h3> <ul style="list-style-type: none"> Monitoring of client's physical and mental well-being Bathing and personal care Grocery shopping and other errands Light housekeeping Meal planning, preparation and more! 	 <h3 style="margin-top: 0;">COMMUNITY RESOURCE CENTRES</h3> <ul style="list-style-type: none"> Comprehensive library of informational materials Regular events, learning sessions and social activities Ask a Mosaic home care specialist Community programs, retirement homes, government services and more!
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Elder Caring Plus™ – Care Management integrated with home care. Expert advice provided by registered Social Workers. Call 1.844.266.7242 to find out more!

Call us for a complimentary assessment and home safety check at 416.322.7002 or 905.597.7000



 **Mosaic** offers **foot care** services **in-home** or during **clinic** hours at our resource centres! (see back for clinic dates)

 Our **resource centres** are a wonderful place to visit for a relaxing cup of coffee or tea and to learn about different services and information in your community.



Serving people of all ages and needs in the Greater Toronto Area, including York Region



MOSAIC

Home Care Services & Community Resource Centre

Stay active in your community!

FOOT CARE CLINIC

Mosaic Home Care & Community Resource Centre

Mosaic is now providing community foot care at the Resource Centre & in the privacy of Your Home!

Clinics will run every third Monday & Wednesday

September 21st & 23rd / October 19th & 21st

November 16th & 18th / December 14th & 16th

9:00 a.m. - 3:00 p.m.

Mosaic's Registered Nurse can provide the following treatments:

Assess clients' feet and document progress | Cut and file toe nails | Treat calluses, ingrown toe nails, corns, fungus | Referrals to podiatrist | Foot Massage provided

**Call to book an appointment
905.597.7000**



Where: Mosaic Home Care & Community Resource Centre (Markham office)

Community Clinics... \$40.00

In-Home Treatment... \$55.00

PAYMENTS CAN BE MADE BY VISA,
MASTERCARD, CASH, CHEQUE.
RECEIPTS WILL BE ISSUED

FOOT CARE CLINIC

Mosaic Home Care & Community Resource Centre

Mosaic is now providing community foot care at the Resource Centre & in the privacy of Your Home!

Clinics will run every third Tuesday of the month

September 22nd / October 20th

November 17th / December 15th

9:00 a.m. - 3:00 p.m.

Mosaic's Registered Nurse can provide the following treatments:

Assess clients' feet and document progress | Cut and file toe nails | Treat calluses, ingrown toe nails, corns, fungus | Referrals to podiatrist | Foot Massage provided

**Call to book an appointment
416.322.7002**



Where: Mosaic Home Care & Community Resource Centre (Toronto office)

Community Clinics... \$40.00

In-Home Treatment... \$55.00

PAYMENTS CAN BE MADE BY VISA,
MASTERCARD, CASH, CHEQUE.
RECEIPTS WILL BE ISSUED

RSVP for our events

905.597.7000 or 416.322.7002



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info@mosaichomecare.com
www.mosaichomecare.com

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Markham Office

The Shops on Steeles and 404

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