



M O S A I C

Home Care Services & Community Resource Centre

Spring 2015 **Newsletter**

Special Edition



Home Care Services & Community Resource Centre

2900 Steeles Ave East, Suite 218
Markham, ON L3T 4X1
www.mosaichomecare.com

Featured Events

MARKHAM OFFICE (*The Shops on Steeles*)

Tuesday April 14th, 2015

Home Care Rx – Medication Safety at Home

Tuesday April 21st, 2015

Silver Stage Glee Club For Mature Adults (workshop)

Friday April 24th, 2015

Royal Ontario Museum

Fashion: Through the Mirror of History

Thursday May 14th, 2015

Metamorphosis – Are you in Need of a Good Night's Sleep?

Friday June 5th, 2015

Senior's Café & Music Luncheon

TORONTO OFFICE (*CNIB Centre*)

Thursday May 7th, 2015

Home Care Rx – Medication Safety at Home

Thursday July 9th, 2015

Nordic Pole Walking

MOSAIC SPRING EDUCATION SERIES (*Verity Club*)

Thursday April 23rd, 2015

Wine, Women and Keeping our Wits

Thursday May 21st, 2015

Caring for our Parents, Today and Tomorrow

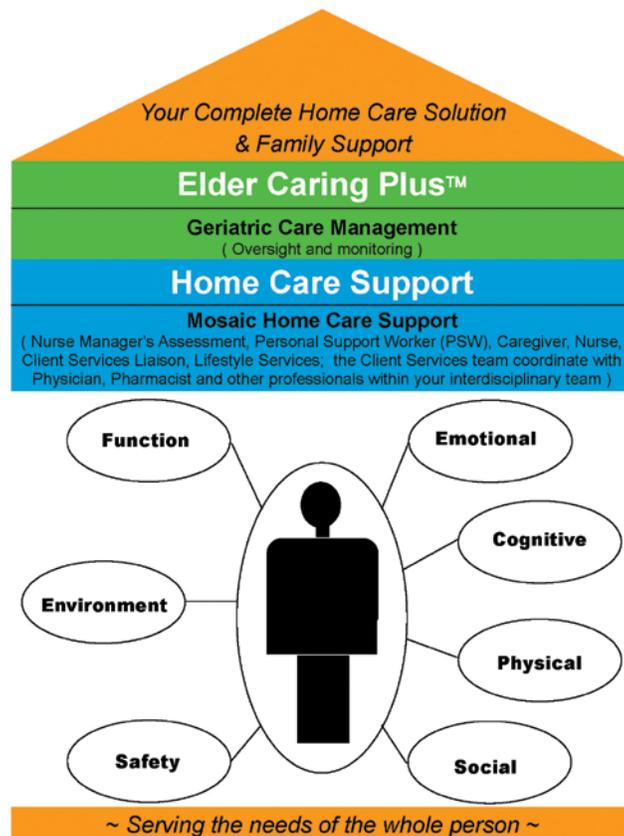
Elder Caring Plus™

Professional Geriatric Care Management Oversight Service

Finally, an integrated approach to caregiving providing you with peace of mind!

There are times when the needs of our members and their families extend beyond the realm of primary home care services. When caring for aging parents with existing and emerging complex needs, knowing what to look for and when to bring in help can be of utmost importance. To address these needs we provide a geriatric care management option via our Elder Caring Plus™ service. The service is provided by qualified Geriatric Care Managers with our joint venture with Elder Caring Inc.

The Elder Caring Plus™ oversight service monitors clients with complex care needs and meets with them on a regular basis to assess their circumstances. We can respond to issues before they become a crisis, seamlessly integrate with the flow of information from the caregivers, families and client services team, and we are able to assess when to bring in and recommend other services.



Mosaic Home Care & Community Resource Centres

Markham Office

2900 Steeles Avenue East | Suite 218
Markham, ON | L3T 4X1

Tel.905.597.7000

www.mosaichomecare.com

Email

Toronto Office (CNIB Centre)

1929 Bayview Avenue | Suite 215H
Toronto, ON | M4G 3E8

Tel.416.322.7002

Elder Caring Inc.

Serving the Greater
Toronto Area (GTA)

Tel.416.658.8887

www.eldercaring.ca

Email

Mosaic's Newest Employees



Kevin Lopes BA
Marketing and Media Administrator

“Mosaic’s attention to detail, passion, willingness to go above and beyond, and their drive to be unique and different resonates with me. Having started with Mosaic as a co-op student and now being hired on full-time I want to see both myself and Mosaic grow moving forward providing the best home care in the GTA.”

“Working on the marketing and media side of Mosaic I hope to provide the Mosaic community with a continued source of interesting and engaging articles, blogs and online posts that reflect Mosaic’s commitment to passion, compassion and education. While producing most of the online content, I will also be representing Mosaic in the community, and at our events, bringing enthusiasm, compassion and most importantly a good sense of humour. I look forward to meeting people from all walks of life, both online and in the community!”



Candace Nelson BA (Hons.)
Client Services

“At Mosaic, you see a genuine effort in delivering quality service to clients of all walks of life! Mosaic is dedicated to compassionately fulfilling the needs to those in need of care.”

“Respect is key in maintaining meaningful relationships and this is why I believe Mosaic continues to thrive. This same amount of respect is also given to employees such as myself, and it is truly rewarding to be with a company that emphasizes their compassion for others. I am excited to be part of a team that works to assist the community in which I have lived in all my life! Giving back not only benefits those in need, but is also a gratifying experience for us.”



A Message from

Jane and Nathalie...

We extend a warm Spring welcome to our readers, our families, our community and our caregivers and staff. We are thrilled to shed some light about some of our lesser known accomplishments over the last year.

While introducing new care management and lifestyle services and opening a new office we have been increasing our focus on extra training for our caregivers.

We arranged a “Back Safety for Healthcare Workers Workshop” at Physiomobility last November. Back injuries are the most frequent injuries amongst health care workers. Gita Mikal, a Physiotherapist from Physiomobility facilitated the workshop for Mosaic Home Care Services’ staff in their Don Mills location. The workshop focused on understanding back injuries,

what causes it and how it can be prevented. Our front-line staff were educated on assuming proper posture and musculoskeletal conditioning when lifting and transferring clients. Gita demonstrated procedures such as proper lifting techniques, using lifting equipment and turning patients in bed. Transferring techniques such as transferring clients from bed to stretcher, bed to wheelchair and vice versa were shown. For more information on Physiomobility contact www.physiomobility.com

We also organized a cooking class for our front-line staff on how to prepare tasty but easy to prepare Canadian recipes for our Mosaic Members. This was provided by the staff of “Superstore Cooking School” at their Don Mills location.

If you would like some easy healthy recipes please contact Martha Miller of our Client Services Liaison at 416.322.7002 or email.

In April, we have a very special outing planned for eight lucky people on our team. We will be driven by a limousine service to dinner at a Greek restaurant and then given a private tour of Cinespace Film Studio (where TV hits such as Reign, Beauty and the Beast, The Strain and 12 Monkeys are filmed). Mosaic won the bid on this auction item when we attended a fundraising event, in support of the Humber River Hospital Foundation.

We enjoy finding creative ways to appreciate our employees, this outing is one of many activities planned in support of our team. Mosaic continues to grow and bring on new employees into the fold. As we bid Fercholla a heartfelt goodbye and continue our search for a **Community Nurse Manager**...we offer a warm welcome to Matthew Sliwowicz – our new **Client Services Manager**! Matthew comes with a breadth of experience in the healthcare sector and will be working closely with everyone on the team. Stay tuned for more information about Matthew in the next issue.





We invite you to join us for...

Wine, Women and Keeping our Wits

A Conversation on Brain Health

with Joanne Tandoc, Alzheimer Society of Toronto

Thursday April 23rd, 2015

6:30 pm - 8:30 pm

With Mediterranean Diet
appetizers & wine

In the Library at the Verity Club*

111d Queen Street East

Toronto

In the media, the movies and our own circles, brain health and the fear of losing it are hot topics.

While the statistics are frightening, new findings are encouraging. There are steps we can take to protect ourselves and those we love from decline.

In this informal evening with an Alzheimer Society expert, we'll chat, take questions, and together learn more about:

- The risks and warning signs of dementia in its numerous forms
- Why women are more susceptible than men
- Healthy habits for a healthy brain, including new findings on the benefits of the Mediterranean Diet
- What we can do to reduce the odds of cognitive decline in later years.

Our speaker is Joanne Tandoc, Public Education Coordinator at the Alzheimer Society of Toronto, where she is responsible for increasing public awareness and training health professionals in dementia care. Joanne has many years' experience in the field as a clinician conducting neuropsychological assessments for people with cognitive complaints and organizing and facilitating family caregiver support groups. A former university professor in the Philippines, she has a Masters in Human Development Psychology.

FOR TICKETS: The evening is complimentary.

Please RSVP by April 15th.

Space is limited.

Phone: 905.597.7000 or 416.322.7002

Email Jane

***VERITY is on Queen just east of Church St.**

in an exquisitely restored 19th century chocolate factory. Guests, including men are always welcome at the Club.

Parking: in the public lot across the street.

TTC: Queen subway stop is a 5-minute walk.

Wine, Women and Keeping our Wits is part of the Mosaic Spring Education Series
Conversations on Caring for Loved Ones and Ourselves as We Age

www.mosaichomecare.com

Mosaic Home Care Services and Amica at Bayview Present:

A Trip to the **ROM** **ROYAL ONTARIO MUSEUM**



Join Mosaic and Amica to see Fashion: Through the Mirror of History, a lab and gallery experience. Enjoy the opportunity to examine real garments from the Victorian era, the 1900's through to the 1980's. Discuss the roles of haute couture and fashion as reflections of societies changing aesthetics, styles and world events.

Cost: \$10 per ticket (book early, limited seating).

Agenda: 10:00am to 11:30am – Fashion: Through the Mirror of History
(lab and gallery experience)

11:30am to 12:30pm – Lunch included at Druxy's at the ROM
sponsored by Mosaic Home Care

**Pick up will be at 9:00am at The Shops on Steeles & 404
(Outside of Wimpy's Diner)**

Drop off will be at the same location around 1:30pm



AMICA™
at Bayview

Where: Mosaic Home Care & Community Resource Centre (Markham office)

Date: Friday April 24th, 2015

Address: 2900 Steeles Avenue East, Suite 218, Markham

Time: 9:00 a.m. to 1:30 p.m.

Cost: \$10 per ticket. Pay by either cheque or cash at Mosaic Home Care Services

~ RSVP 905.597.7000 by Friday April 17th, 2015 ~

Pick-up and drop-off at The Shops on Steeles & 404, just outside Wimpy's Diner.

A Fond Farewell from *Fercholla Gopez*

To our Dear Readers, this might be the last article that I will be writing for our quarterly newsletter. I will not tackle any medical information, rather, I would like to seize this opportunity to thank everyone especially my extended family “Mosaic Home Care” for the wonderful two and a half years of working with beautiful people. Yes, this is that moment when I have to say goodbye to Mosaic and to everyone whom I love so dearly.

Allow me to give you a background of how Mosaic nurtured me to grow professionally and personally. It witnessed all my hard work and how I grew and transitioned from front line worker to Registered Practical Nurse and now, a Registered Nurse.

As a Registered Nurse from the Philippines, I was employed by Mosaic Home Care as front line staff. The company had provided me with all the support and trainings I needed to carry on with my work effectively. Basically, that is what all companies do to ensure quality service. But I felt the difference... From the very first date I started, I felt Mosaic’s sincerity to their employees. I felt the personal relationship that they try to build with every employee. After a year, I was given a chance to work as part of the client services and eventually as a nurse.

This company had helped me a lot in terms of exploring my talent and furthering my skills. It made me realize



that I can do more and I can do better. They helped me become equipped and be able to provide competent, compassionate and ethical health care to clients and for all of this I am really grateful.

...To our clients and their families, thank you for welcoming me to your homes and for allowing me to touch your lives through our services.

...To all the front line staff, my sincerest appreciation for all your hard work.

...To Mosaic Staff, I can’t thank you enough for an amazing two and a half years. It’s been such a wonderful journey and I will forever cherish everyone. You guys have welcomed me and made me feel part of your family.

...To Nat and Jane, thank you for always pushing my boundaries and encouraging me to do my best. This made me realize that – I can achieve big goals. You have taught me so much. I’m so privileged to have gotten the chance to get to know you both, the staff, our clients and front-line workers.

...Lastly, to my mentor and mama bear, Martha, thank you so much for the relentless support.

As I embark a new journey out West (Vancouver) with my family, I will bring Mosaic values with me and I know that I will excel in whatever I do because MOSAIC taught me well.

This is not goodbye guys, rather, *till we meet again...*

“I would like to seize this opportunity to thank everyone especially my extended family “Mosaic Home Care” for the wonderful two and a half years of working with beautiful people.”

Silver Stage Glee Club

For Mature Adults

6-Week Program

Want to learn how to sing and dance? Mosaic Home Care and Silver Source are hosting a **Silver Stage Glee Club for Mature Adults**, a **6 week program** hosted by Silver Source's very own **Heather Bibas!** Heather will teach you dancing and singing techniques over the 6 weeks. The program will cost **\$68 per person** and will run for **6 weeks**.



Silver Source

Enriching the Lives of Mature Adults.



When: Tuesdays, from April 21st - May 26th

Cost: \$68.00 Per Person

Time: 11:00 a.m. to 12:00 p.m.

Where: Mosaic Home Care Services, Markham Office

Contact Mosaic Today to Register for this Program!



Where: Mosaic Home Care & Community Resource Centre (Markham office)

Date: Tuesdays from April 21st to May 26th, 2015

Address: 2900 Steeles Avenue East, Suite 218, Markham

Time: 11:00 a.m. to 12:00 p.m.

*\$68.00 per person. Refreshments provided. Close to public transit.
Free parking and elevator access available.*

First Link[®] Memory Café at Mosaic



Share your stories and socialize with others.

When: Last Tuesday of every month **April 28th, May 26th**
(Will resume again in September 2015)

Time: **1:00 p.m. to 2:30 p.m.**

Where: Mosaic Home Care Services & Community Resource Centre,
Located in: The Shops on Steeles and 404 (Shopping Mall),
2900 Steeles Avenue East, Suite 218, Markham, ON L3T 4X1

Who: Are you interested in memory related issues? Individuals who have been diagnosed with Early Alzheimer's disease and/or related dementias, their Care Partners as well as those who worry about memory problems

What: Socialization & Information Networking for Care Partners

Why: Being active physically, socially, and mentally is good for the brain

To register: Please phone **905.597.7000** – No charge for event.





We invite you to join us for...

Caring for our Parents, Today and Tomorrow

**A Conversation with
Leading Canadian Expert in Geriatric Care,
Audrey Miller MSW, RSW, CCLCP**

Thursday May 21st, 2015
6:30 pm - 8:30 pm
Light Supper included

In the Library at the Verity Club*
111d Queen Street East, Toronto

Planning for the care and comfort of loved ones (or ourselves) in later years can be a worry.

Most of us need help to make informed, practical decisions on living arrangements. Many of us would welcome advice on navigating what can be difficult emotional terrain for seniors and care partners.

In this informal evening, you'll have the rare opportunity to learn from a top geriatric care professional, to chat, and ask questions (privately if you choose) about:

- Options, services, and resources for elder care and support
- How to start the conversation and why it's important to start early
- Insight and perspective on choices and transitions.

Audrey Miller has been helping individuals and families navigate the healthcare and homecare systems for over 25 years. A Registered Social Worker, certified Life Care Planner, and Managing Director of Elder Caring Inc, she combines solid professional knowledge with warmth and sensitivity to help people prepare for the future with confidence. www.eldercaring.ca

**FOR TICKETS: The evening is complimentary.
Please RSVP by May 15th.
Space is limited.**

**Phone: 905.597.7000 or 416.322.7002
Email Jane**

***VERITY is on Queen just east of Church St.**

in an exquisitely restored 19th century chocolate factory. Guests, including men are always welcome at the Club.

Parking: in the public lot across the street.

TTC: Queen subway stop is a 5-minute walk.

Caring for our Parents is the first event in the Mosaic Spring Education Series
Conversations on Caring for Loved Ones and Ourselves as We Age

www.mosaichomecare.com

Mosaic Presents: Home Care Rx — Medication Safety at Home



Mosaic is proud to present Lisa Sever and Danielle Caron of Home Care Rx to give a presentation on medication safety.

Medications help to keep people healthy, prevent diseases and control symptoms. However, sometimes medications can cause harm. Knowledge is the best medicine in helping to keep you and your loved ones safe.

We will discuss strategies to improve medication safety including:

- Keeping an up to date medication list
- Key questions to ask about medications
- Situations that increase the risk of error
- Importance of having an annual medication review with a pharmacist

Come join in the presentation with Lisa and Danielle. Both Certified Geriatric Pharmacists with a passion for helping people use medications safely.



Where: Mosaic Home Care & Community Resource Centre (Markham office)

Date: **Tuesday April 14th, 2015**

Address: **2900 Steeles Avenue East, Suite 218, Markham**

Time: **1:30 p.m. to 3:00 p.m.**

~ RSVP 905.597.7000 by Friday April 10th, 2015 ~

No charge for event. Refreshments provided.

Close to public transit. Free parking and elevator access available.

Where: Mosaic Home Care & Community Resource Centre (Toronto office)

Date: **Thursday May 7th, 2015**

Address: **CNIB Centre, 1929 Bayview Avenue, Suite 215H, Toronto**

Time: **1:30 p.m. to 3:00 p.m.**

~ RSVP 416.322.7002 by Thursday April 30th, 2015 ~

No charge for event. Refreshments provided.

Close to public transit. Parking on main level with elevator access.

Parking is \$2.50 for pay and display to a maximum of \$7.50 per day at the main entrance.

A Day in the Life as

Client Services Liaison *Martha Miller*



I have the best position at Mosaic – going out to meet the clients and caregivers working together! My role is to provide support and a positive influence between

clients, their families, Mosaic employees, and Mosaic as an organization. The Liaison role helps to maintain relationships and overall quality of care that our clients and employees deserve. I also want to ensure we are fulfilling our philosophy of providing the highest quality of care out in the industry. We strive to stand out in the community and truly make a difference in the lives of our clientele!

My role outside the office is to perform regular “Home Visits” with the client (and ideally with caregiver) and oversee that all duties are being followed through and the client and caregiver have a healthy and positive working relationship. Mosaic takes pride in our time spent on finding a suitable match for each client and caregiver.

While out on my visits, questions are asked to the client/representative as well as caregiver and observations are made, for completion of a thorough, accurate and confidential reporting system. I want to make sure that goals are being met for short and long term development. I record the information given on what may be missing in the plan of care. Some examples of my assistance provided have been – expanding on clients’ interests/hobbies delivering Mosaic’s “Activity Kits” to clients residences for stimulating games and activities, providing names and numbers for assisted devices/medical equipment, referral agencies and community resources, support groups (Alzheimer’s,

Parkinson’s, Palliative, Cancer etc.) and bringing health and safety related issues to the attention of family members. I take time to introduce our new booklet, “*Meaning of Me™*” This booklet allows me to get to know the client on a more personal level – their past career, childhood memories, family, friends and pets, travels and much more. It’s a conversational link to the past and present meant for all working with this unique individual.

I also do my best in providing caregiver and client introductions to create ease and comfort for the initial ‘meet and greet.’ This also gives me a chance to collect any additional information or follow up on an unaddressed issue. Client is provided with Mosaic’s ‘Care Plan Binder’ for documentation purposes for caregivers. Tasks and duties are clearly outlined for caregivers in the assignments. Caregiver’s communication is crucial for the team working with the individual for whom we have been hired to assist and support.

We, at Mosaic, want to make sure that clients’ needs are identified, met and adjusted as needed. I make myself available for all communications by telephone, email or in person to promptly address any concerns or feedback from clients, caregivers and/or family members regarding our services. I love working in partnership with everyone involved in the care of each client. This includes the Director of Care and staff of facilities, members of the health care team in charge of client’s wellness and, most importantly, families. I want to make sure that the Client Services team as well as our caregiving team, is aware of all of the current information collected during my visits and documented in our system. Positive working relationships can only help better our quality of care!

“We strive to stand out in the community and truly make a difference in the lives of our clientele!”

I recently received my certification in the “U-First” program offered by the Alzheimer’s Society of Toronto. This was a 4-week workshop presented on Tuesday nights.

This course was an excellent resource tool for me. It helped me understand and strategize ways to enhance the lives of those living with Dementia. The course also gave me tools to support our team of front line workers who provide care to our wonderful members of Mosaic.

Getting to know our members on a more personal level is of the utmost importance to Mosaic especially those with Alzheimer’s/Dementia. This is where our “*Meaning of Me™*” booklet is a great asset!



metamorphosis

The Toronto Psychosomatic Clinic

“ARE YOU IN NEED OF A GOOD NIGHT’S SLEEP?”

Mosaic Home Care is very happy to present Beth Koren, OT Re. (Ont). from Metamorphosis speaking on sleep changes as we age!
Beth will discuss the following topics in her presentation:

- Concentration
- Refreshing the Immune System
- Memory
- Helping to prevent Illness and Disease
- Repairing Cell Damage



Where: Mosaic Home Care & Community Resource Centre (Markham office)

Date: Thursday May 14th, 2015

Address: 2900 Steeles Avenue East, Suite 218, Markham

Time: 1:30 p.m. to 3:00 p.m.

~ RSVP 905.597.7000 by Friday May 8th, 2015 ~

No charge for event. Refreshments provided.

Close to public transit. Free parking and elevator access available.

Mosaic Home Care Presents: Seniors’ Café & Music Luncheon

In appreciation of Seniors’ Month, Mosaic Home Care Services and The Shops on Steeles and 404 invite you to a Seniors’ June Jamboree! Come for an afternoon of music, fun and a complimentary light lunch. This event will be held at the Centre Court at **The Shops on Steeles & 404**



Activities for the afternoon include:

- Canterbury Retirement Residences will host a Brain Gym (spaces are limited for some activities). Improve your memory and concentration, enhance your mental abilities and boost your balance and concentration!
- Information and Activity tables from: Alzheimer Society of York Region & Nordixx Pole Walking



theShops.ca
on Steeles and 404

Where: Mosaic Home Care & Community Resource Centre (Markham office)

Date: Friday June 5th, 2015

Address: 2900 Steeles Avenue East, Suite 218, Markham

Time: 11:00 a.m. to 1:30 p.m.

~ RSVP 905.597.7000 by Monday June 1st, 2015 ~

No charge for event. Complimentary lunch provided.

Close to public transit. Free parking and elevator access available.

Mosaic Summer Pole Walking

Would you like to join a free walking and Nordic Pole Walking Club?
Meet new friends while exercising?



Mosaic Home Care Services & Community Resource Centre will be hosting a “Walking Club” every Thursday morning starting July 9th. The Walking Club will run through the months of July, August and September. We will walking around the areas of Bayview and Eglinton & Sunnybrook Park from 9:30am until 11:00am. Mosaic will provide a light snack after each walk.

Meeting place:

Mosaic Home Care Services & Community
Resource Centre, Room 215H

- Wear comfortable clothing
- Bring you Nordixx Poles if you have them
- Water Bottle

For more information contact Kevin Lopes from
Mosaic Home Care at 416.322.7002 or email.



Where: Mosaic Home Care & Community Resource Centre (Toronto office)

Date: Thursday July 9th to September 25th, 2015

Address: CNIB Centre, 1929 Bayview Avenue, Suite 215H, Toronto

Time: 9:30 a.m. to 11:00 a.m.

No charge for event. Refreshments provided.

Close to public transit. Parking on main level with elevator access.

*Parking is \$2.50 for pay and display to a maximum
of \$7.50 per day at the main entrance.*



What a difference we make®!

Our Services

Mosaic Home Care & Community Resource Centres provides service to people of all ages and needs in the Greater Toronto Area.

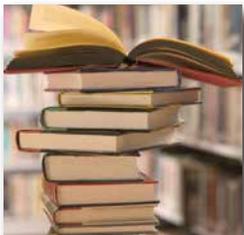
We provide care by the hour, overnight, 24hr as well as live-in care. We also provide services in hospitals, retirement homes and long-term care facilities.

Customized Care Solutions in York Region and Toronto at the CNIB Centre

| | | |
|--|--|--|
|  <h3 style="margin-top: 0;">NURSING</h3> <ul style="list-style-type: none"> Medication management Pain and symptom management Monitoring, charting and adjusting care plan Specialised care (palliative, cancer, dementia, Parkinson's, MS and more, please inquire) Foot care (clinic at both locations or in-home service) |  <h3 style="margin-top: 0;">HOME CARE</h3> <ul style="list-style-type: none"> Monitoring of client's physical and mental well-being Bathing and personal care Grocery shopping and other errands Light housekeeping Meal planning, preparation and more! |  <h3 style="margin-top: 0;">COMMUNITY RESOURCE CENTRES</h3> <ul style="list-style-type: none"> Comprehensive library of informational materials Regular events, learning sessions and social activities Ask a Mosaic home care specialist Community programs, retirement homes, government services and more! |
|--|--|--|

Elder Caring Plus™ – Care Management integrated with home care. Expert advice provided by registered Social Workers. Call 1.844.266.7242 to find out more!

Call us for a complimentary assessment and home safety check at 416.322.7002 or 905.597.7000



 **Mosaic** offers **foot care** services **in-home** or during **clinic** hours at our resource centres! (see back for clinic dates)

 Our **resource centres** are a wonderful place to visit for a relaxing cup of coffee or tea and to learn about different services and information in your community.



Serving people of all ages and needs in the Greater Toronto Area, including York Region



MOSAIC

Home Care Services & Community Resource Centre

Stay active in your community!

FOOT CARE CLINIC

Mosaic Home Care & Community Resource Centre

Mosaic is now providing community foot care at the Resource Centre & in the privacy of Your Home!

Clinics will run every third Monday & Wednesday
April 20th & 22nd / May 11th & 13th / June 15th & 17th
July 20th & 22nd / August 17th & 19th
9:00 a.m. - 3:00 p.m.

Mosaic's Registered Nurse can provide the following treatments:

Assess clients' feet and document progress | Cut and file toe nails | Treat calluses, ingrown toe nails, corns, fungus | Referrals to podiatrist | Foot Massage provided

**Call to book an appointment
905.597.7000**



Where: Mosaic Home Care & Community Resource Centre (Markham office)

**Community Clinics... \$40.00
In-Home Treatment... \$55.00**

PAYMENTS CAN BE MADE BY VISA,
MASTERCARD, CASH, CHEQUE.
RECEIPTS WILL BE ISSUED

FOOT CARE CLINIC

Mosaic Home Care & Community Resource Centre

Mosaic is now providing community foot care at the Resource Centre & in the privacy of Your Home!

Clinics will run every third Tuesday of the month
April 21st / May 12th / June 16th
July 21st / August 18th
9:00 a.m. - 3:00 p.m.

Mosaic's Registered Nurse can provide the following treatments:

Assess clients' feet and document progress | Cut and file toe nails | Treat calluses, ingrown toe nails, corns, fungus | Referrals to podiatrist | Foot Massage provided

**Call to book an appointment
416.322.7002**



Where: Mosaic Home Care & Community Resource Centre (Toronto office)

**Community Clinics... \$40.00
In-Home Treatment... \$55.00**

PAYMENTS CAN BE MADE BY VISA,
MASTERCARD, CASH, CHEQUE.
RECEIPTS WILL BE ISSUED

RSVP for our events

905.597.7000 or 416.322.7002



MOSAIC
Home Care Services & Community Resource Centre

Email Us

www.mosaichomecare.com

Mosaic Home Care Services & Community Resource Centres

Markham Office

The Shops on Steeles and 404

2900 Steeles Avenue East, Suite 218
Markham, ON L3T 4X1

Tel 905.597.7000 | Fax 905.597.5446

Toronto Office

CNIB Centre

1929 Bayview Avenue, Suite 215H
Toronto, ON M4G 3E8

Tel 416.322.7002

