













October 2019

Mosaic Home Care Services & Community Resource Centres Activity Calendar

www.mosaichomecare.com



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
<p>November Highlights Remembrance Day Ceremony – November 11th Royal Scandals – November 29th</p>		<p>Knitting Group Markham Office AM: 9:30-11:30 & PM: 1:30 - 3:00 Chair Yoga (4 Part Series) Toronto Office 3:30pm – 4:30pm</p> 		<p>Neighbourhood & Communities Group Markham Office 10:30am – 1:00pm</p> 
7	8	9	10	11
		<p>Knitting Group Markham Office AM: 9:30-11:30 & PM: 1:30 - 3:00</p> 	<p>Sheldon Parker, Retired Lawyer Presentation Markham Office 1:30pm-3:00pm</p>	
14	15	16	17	18
		<p>Knitting Group Markham Office AM: 9:30-11:30 & PM: 1:30 - 3:00</p> 		<p>Chair Yoga (3 Part Series, \$) Markham Office 9:30am – 11:00am</p>
21	22	23	24	25
<p>Community Café (This month: Ancient Egypt) Markham Office 1:30pm – 3:00pm</p> 		<p>Knitting Group Markham Office AM: 9:30-11:30 & PM: 1:30 - 3:00</p> 	<p>Pole Walking Toronto Office 9:30am – 11:00am</p> 	<p>St. Lawrence Market & Old Spaghetti Factory Day Trip 10:30am – 2:00pm</p> 
28	29	30	31	November 1
<p>Community Table Talks Whole Foods Market, Bayview 1:30pm-3:00pm Mid-Town Knitting Toronto Office 10:00am-11:30am</p>	<p>First Link Memory Café (This Month: Sheldon Parker, Retired Lawyer) Markham Office 1:00pm-2:30pm</p> 	<p>Knitting Group Markham Office AM: 9:30-11:30 & PM: 1:30 - 3:00</p> 	<p>Mosaic's Matinee Markham Office 2:00pm – 4:00pm</p> 	<p>Neighbourhood & Communities Group Markham Office 10:30am – 1:00pm</p> 

Markham Office

The Shops on Steeles and 404
 2900 Steeles Avenue East, Suite 218
 Markham, ON L3T 4X1
 Tel.905.597.7000 | Fax.905.597.5446

Toronto Office

CNIB Centre
 1929 Bayview Avenue, Suite 215H Toronto,
 ON M4G 3E8
 Tel.416.322.7002