










# March 2021

## Mosaic Home Care Services & Community Resource Centres Activity Calendar

www.mosaichomecare.com



Monday	Tuesday	Wednesday	Thursday	Friday
1	2 <b>Functional Fitness with Joanne Picot</b> <b>Zoom</b> 1pm – 2pm 	3 <b>Knitting &amp; Crochet Group</b> <b>Zoom</b> 1pm – 2pm 	4	5
8	9	10 <b>Knitting &amp; Crochet Group</b> <b>Zoom</b> 1pm – 2pm 	11	12
15	16 <b>Functional Fitness with Joanne Picot</b> <b>Zoom</b> 1pm – 2pm 	17 <b>Knitting &amp; Crochet Group</b> <b>Zoom</b> 1pm – 2pm 	18	19 <b>Tour of France with Julie Williams</b> <b>Zoom</b> 1pm – 2pm
22 <b>Community Café: Luck O'the Irish, Lianne Harris</b> <b>Zoom</b> 1pm – 2pm 	23	24 <b>Knitting &amp; Crochet Group</b> <b>Zoom</b> 1pm – 2pm 	25 <b>My Life As An Opera Singer, Maria Soulis</b> <b>Zoom</b> 1pm – 2pm	26
29	30 <b>First Link Memory Café: Stress on the Brain: How to destress with Sara MacLean</b> <b>Zoom</b> 	31 <b>Knitting &amp; Crochet Group</b> <b>Zoom</b> 1pm – 2pm 		
<p><i>Stay Tuned for our Spring-Summer 2021 Newsletter Available early April 2021</i></p>				

**Markham Community Centre**

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**Toronto Community Centre**

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